



Prescription note

Please include the following text on all prescriptions issued for the *combined inhaler*:

“Please note that this patient is enrolled in the RELIEF clinical trial and is being prescribed low dose ICS for maintenance only and formoterol/ICS for ‘as required’ PRN use only.”



This must be included for those on the intervention arm.

Withdrawal

If a participant makes a request to withdraw, please ensure that the correct option is selected from the Change of Status Form. Participants can choose to withdraw from any of the following activities:

- GP assessment
- Questionnaires
- Qualitative Substudy
- Text Messages
- Permission to check medical records
- Left practice / Untraceable by GP

Please tick all that apply

They may also withdraw from the trial completely.

Note that, if a participant wants to change their inhaler, such that they are no longer compliant with their randomised allocation, they do not *need* to be withdrawn. They can be withdrawn if they choose to do so but please ensure they understand that they can continue with the trial.

Site and Recruitment Update

Randomised Participants:

292

Sites open:

85



Top Recruiting Sites:

Three Chequers Medical Practice, Salisbury

Swan Medical Group, Hampshire

New sites:

The Practice of Health, Barry
Stourport Medical Centre, Stourport

Pocklington Group Practices,
Pocklington

Buckden and Little Paxton Surgery,
Buckden

Summertown Health Centre, Oxford
Manor Court Surgery, Nuneaton



Extension

The trial was originally due to stop recruiting in May 2024 (this month!) but we have been granted an extension until **November 2024**.