

AIR and RELIEF

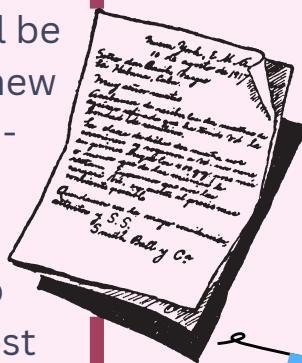
Circulated with this newsletter will be a letter from our deputy CI, Matthew Martin, regarding the use of anti-inflammatory relievers and participation in the trial.

The overall aim of this trial is to determine the clinical benefit, cost effectiveness, physician and patient perspective of replacing SABA with an ICS/formoterol containing inhaler in patients with mild asthma, treated with low dose ICS, *before* anti-inflammatory reliever therapy without maintenance ICS creeps into UK clinical practice without us knowing the consequences.

The RELIEF trial is therefore crucial work at a crucial time to determine the future management of mild asthma in the UK.

REMINDER:

Please ensure that Arms 3 and 2 are complete before attempting to complete any forms in Arm 1. REDCap will not allow you proceed unless all required data has been entered.



Site and Recruitment Update

Randomised Participants:

119

Sites open:

56

New sites:



Channel View Medical Group,
Teignmouth

Little St John's Surgery,
Woodbridge

Ashburton Surgery, Newton
Abbott

James Alexander Family
Practice, Hull

Alconbury and Brampton,
Alconbury

Castle Medical Centre,
Kenilworth

Burwell Surgery, Burwell

The Ridings Medical Group,
Brough

Willingham by Stow Surgery,
Gainsborough

Wellside Surgery, Huntingdon

Gilberdyke Health Centre,
Brough

If you have any questions or require any assistance, please get in touch!