

Happy new year to you all! We hope you were able to get some rest over the festive period. We are looking forward to the next twelve months with great optimism and positivity for RELIEF.

Site and Recruitment Update

Randomised Participants: 94 Sites open: 45

New sites: Heeley Green Surgery, Sheffield Monkfield Medical Practice, Cambourne Buttercross Health Centre, Somerton Chilwell Meadows Surgery, Nottingham Swanscombe Health Centre, Swanscombe Kings Medical Centre, Essex St Stephensgate Medical Centre, Norwich Acorn Surgery, Huntingdon Beaconsfield Medical Practice, Brighton WellBN, Hove



Salbutamol inhalers

Our protocol states that patients must be taking Salbutamol in order to be eligible. Please note that this includes inhalers such as Ventolin, Salbulin, and Salamol (amongst others). As long as the active ingredient is Salbutamol Sulfate, in 100mcg per actuation, they are eligible and can be invited/included.

NIHR National Institute for Health and Care Research If you have any questions or require any assistance, please get in touch!

Remember there is a lot of useful information on our website, including important documents, FAQs, and How To videos for putting data into REDCap. If there is anything else you would like to see on the website, please let us

> know! () relieftrial.ac.uk