REGGIE RELIEF!

Trial manager, Bev, has created a fullyfunctioning costume for our trial mascot, Reggie! The cap comes off and the top presses down just like a real inhaler!

We hope to be able to showcase Reggie at conferences and drum up even more interest in the trial. If we ever come to visit your site, you may get to meet him too!!



Substantial Amendment 01

Substantial Amendment 01 has now been approved; you should have received all the documents via email (please let us know if you have not!). Old versions must be clearly marked as superseded (but remain in your site file); new versions must also be filed. Please ensure that the correct versions of PIS and ICF are used for all future appointments.

This amendment allows for remote e-consent and remote baseline appointments so we hope that this will facilitate easier running of the trial for both sites and participants.

Please ensure you return the signed protocol signature page for version 2.0.



The RELIEF website is now live!

We are pleased to announce that the RELIEF website is now live!

Not without its teething issues, the website is currently accessible via the following url only: nottingham.ac.uk/relief

We are working with our IT and web teams to get the advertised url (relieftrial.ac.uk) functioning correctly, but in the meantime, all information and documents can be still be accessed.

We will be keeping the website updated with the latest recruitment figures, a site map, the latest versions of all trial documents and this newsletter!



Site and Recruitment **Update**

Randomised Participants: 26

> Sites open: **17**

New sites

Fearnhead Cross Medical Centre The Eric Moore Partnership Three Chequers Medical Practice St George's Medical Centre

Huge thanks to all sites for completing your searches, sending out your patient invitations, and booking in your baseline visits! We have seen a big uptick in randomisations and we are really pleased to have even had our first participants reach their one-month followups!















For more info and any queries:



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nottingham.ac.uk/relief